



# Why I want to keep living

What have you wanted to experience? See the instructions below the table.

For a long time I've wanted to	
<b>Visit these places:</b>	1. 2. 3.
<b>Go see these things:</b>	1. 2. 3.
<b>Learn these things:</b>	1. 2. 3.
<b>Try these activities:</b>	1. 2. 3.
<b>Try these foods:</b>	1. 2. 3.

Instructions for making your “Live for This” List:

1. For each category, write up to three (3) ideas that come to mind right away. Making it specific is better.
2. For each category, circle the one that would be the easiest to make happen.
3. Extra Credit: Share your list with one or two people you trust who might be able to help you make these dream experiences into realities. Who can you help you make the plans and carry them out?